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J. Swath?

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## PLASTIC FREE WORLD

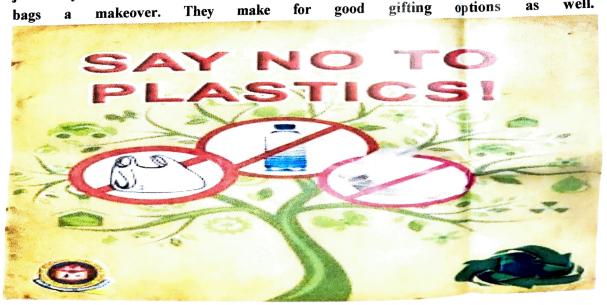
Plastics have permeated into our lives so much that it may take a while to make our environs a plastic-free zone. Disposable plastics are a concern as they soon find their way into landfills. Additionally, they take several hundred years to degrade,

In the present scenario, Stemming the tide of plastic is not that easy, plastic have many detrimental impacts, not only on the environment but also on the homosapiens. Improper disposal of plastics poses a number of hitches. Littering of plastics in open spaces creates unhygienic conditions, as it acts as a breeding ground for insects and mosquitoes that cause diseases like malaria and dengue. Plastics do not undergo degradation, thus, stay in the soil for many years, which affects the soil fertility and degrades the soil quality. When plastic artifacts, enter the drainage and sewerage system, they block the pipes and the drains causing water logging.

A shift in our attitude and small adjustments in our lifestyle can make our environment a cleaner and better place, not just for us but also for the future generations. Though eliminating all forms of plastic may not be currently viable, reducing their use may put us on to the road of repair. Here are a few suggestions that one can easily implement:

## **Shopping bags:**

Shopping bags need to be chucked out immediately. The best way to reduce is to say no, blatantly. Believe in 'no demand, no production'. Invest in bags made out of materials like jute that you can reuse. Get innovative. Try some tie-and-dye techniques and give the cloth bags a makeover. They make for good gifting options as well.



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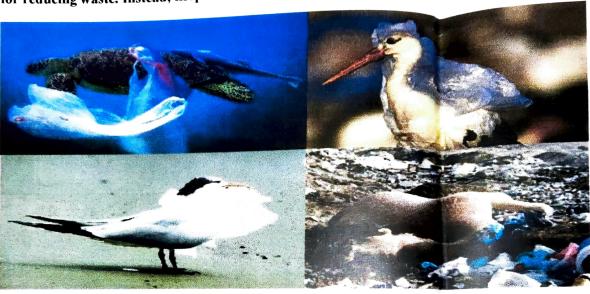
## **Kitchen plastics:**

The kitchen can be one of the biggest sources of plastic use in the house papit of storing in containers. Avoiding cling film for wrapping, covering that the house papit of the best of the storing of the storin storing in containers. Avoiding cling film for wrapping, covering or boking. Get into the habit of storing in containers. Get involved and look around the how boking ways to habit of storing in containers. Get involved and look around the house to find new ways to reduce the usage of plastic. Find creative and functional replacements find new ways to reduce the usage of plastic. Find creative and functional replacement right in your home.

Do not think that an individual contribution may be insignificant right in your home. Do not think that an individual contribution may be insignificant, Remember, a wall is built brick by brick built brick by brick

## Stop buying bottled water:

Unless there's some kind of contamination crisis, plastic water bottles are an easy target for reducing waste. Instead, keep a refillable bottle handy.



PLASTICKILLS - PLEASE LOVE ANIMALS - SAVE THEM IN CRISIS

Plastic items find their way to the river and other water bodies, which are then swallowed by fish, seabirds, and other marine species, thus leading to suffocation and death.

Conclusion: However, Plastics have advantages but it also have its own disadvantages. Development of technology is not a problem but it depends upon how we utilize it. All at once, nothing is possible, but slowly we can abate the use of plastic and can make the world free from plastic by a simple technique "REDUCE-REUSE-RECYCLE". Remember, a wall is built brick by brick.